



Position: Contract Instructor

Status: Contractor

Reports to: Mission Director

Schedule: Flexible based on classes contracted to lead

About Healthy New Albany:

Healthy New Albany (HNA) is a non-profit organization dedicated to cultivating and inspiring healthy living. The organization oversees a thriving farmers market and community garden, food pantry, hosts the New Albany Walking Classic, and offers regular, year-round health-based community programming and education. Healthy New Albany is located in the Philip Heit Center for Healthy New Albany.

Position Summary:

Healthy New Albany is expanding our team of instructors to lead a variety of wellness programs and classes for both children and adults that promote healthy living, creativity, and connection. Ideal candidates are passionate about wellness, education, and community impact.

We are looking to expand class offerings in all four of our pillars:

- Nourish
- Nature
- Knowledge
- Movement

Nourish Instructors lead dynamic cooking classes that celebrate wholesome ingredients, cultural flavors, and kitchen confidence. Instructors will inspire participants to nourish their bodies and delight their taste buds.

Nature Instructors will lead the community to reconnect with the natural world. Candidates can range from science educator, outdoor guide, environmental advocate, or other related disciplines that guide youth and adults to explore ecosystems, sustainability, and the joy of being outside.



Knowledge Instructors empower healthy minds and bodies. As a health and wellness educator, you'll deliver engaging workshops rooted in evidence-based practices. From nutrition and mental health to lifestyle, you'll help our community thrive through informed choices and lifelong learning.

Movement Instructors will get people moving. Instructors will lead inclusive fitness and movement classes for a variety of ages and abilities. Currently offerings include Tai Chi, dance, strength training, and mobility work. Ideal candidates would be able to teach one of these classes, or bring fresh ideas for new classes that create energizing experiences that build strength, confidence, and community.

A list of Healthy New Albany's current Programs and Classes is available on our website [here](#). We are seeking additional instructors to teach the current classes, as well as instructors who will bring proposals for new offerings for the community.

To apply, please email kj.coit@healthynewalbany.org your resume and cover letter.